



TILLER/COMFORT ZONE CAMPS

General Population Survey

(Confidential FINAL) 11-24-09

(n=1,000); Oversample - those who lost a parent before age 20 (n=400)

RESULTS

(Posted 12-18-09)

INTRODUCTION

This survey is being conducted by one of the nation’s leading social services organizations for children. They’re trying to better understand Americans’ experiences and attitudes with regard to childhood bereavement so they can better serve grieving children and their families. It should take about 20 minutes to complete. We know some of these questions are of a sensitive nature, but your candid assessments and responses are critical. Please try to answer every question. Please be assured, this is anonymous research and your responses will remain strictly confidential.

1. In what year were you born? Please enter your response as a four-digit number (for example, 1977). ____ ____ ____ ____ **[IF UNDER AGE 25, TERMINATE]**

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
25 to 34	22%	23%	13%
35 to 44	24	25	21
45 to 54	17	17	23
55 to 64	16	15	21
65 or older	21	20	21

2. Are you...

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Male	49%	49%	50%
Female	51	51	50

3. What is the highest level of education you have completed?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
High school graduate or less	43%	42%	51%
Some college	18	18	18
Trade or technical school	4	4	5
Associate’s or 2 year degree	8	8	7
Bachelor’s degree	16	17	14
Master’s degree	7	8	4
Doctoral degree	2	2	*

* = <0.5%

** In the Loss of Parents section, data from the “General Population” column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size

Professional degree such as medicine or law	1	1	*
---	---	---	---

4. What is your current marital status? Are you...

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Married	58%	58%	62%
Single, never married	18	18	13
Divorced	11	11	13
Not married, living with a partner	7	7	7
Widowed	5	5	5
Separated	1	1	1

5. Do you have any children?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Yes	67%	66%	75%
No	33	34	25

6. **[IF YES TO PREVIOUS Q]** How many children do you have? ____
[ACCEPT 1 OR MORE AS AN ANSWER]

	General Pop. (n= 678)	No parental loss (n=597)	Lost parent before age 20 (n=301)
One	25%	25%	22%
Two	37	37	39
Three	21	21	23
Four or more	17	17	16

7. **[IF CHILDREN]** Do you have...

	General Pop. (n= 678)	No parental loss (n=597)	Lost parent before age 20 (n=301)
Son(s)	24%	24%	23%
Daughter(s)	24	24	22
Both	52	53	55

8. **[IF CHILDREN]** How many of your children are still living at home? ____

	General Pop. (n= 678)	No parental loss (n=597)	Lost parent before age 20 (n=301)
None	46%	45%	52%
One	25	25	26
Two	18	18	16
Three	7	7	4
Four or more	4	4	2

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



9. Do you have/did you have any siblings?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Yes	90%	90%	91%
No	10	10	9

10. **[IF SIBLINGS]** How many brothers and sisters do/did you have?
Total Number of Siblings

	General Pop. (n= 903)	No parental loss (n=806)	Lost parent before age 20 (n=367)
One	29%	29%	25%
Two	27	27	24
Three	18	18	21
Four or more	26	25	29

11. Which of the following best describes your current employment status? Are you...
[ACCEPT ONLY ONE RESPONSE]

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Employed full-time	46%	47%	41%
Employed part-time	11	11	8
Self-employed	4	4	5
Retired	24	23	29
In school	2	2	1
Not employed	14	13	15

12. **[IF EMPLOYED FULL- OR PART-TIME]** Are you a...

	General Pop. (n= 569)	No parental loss (n=518)	Lost parent before age 20 (n=206)
Teacher	5%	5%	6%
Social worker	2	2	1
Guidance counselor	1	1	*
Youth worker	1	1	*
Clergy	1	1	*
Psychologist/psychiatrist/therapist	*	*	1
Paid coach	*	*	1
Something else related to working with kids [SPECIFY:_____]	9	9	9
None of the above	82	81	81

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



13. Please make an educated guess as to what you believe is most likely to happen to a kid before he/she turns 18. [ROTATE]

14. Please make an educated guess as to what you believe is the least likely to happen to a kid before he/she turns 18. [ROTATE]

[SHOW BOTH COLUMNS AT SAME TIME]

[DO NOT ALLOW SAME ITEM TO BE SELECTED FOR BOTH QUESTIONS]

Most likely to happen

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Be involved in a fatal car accident	43%	43%	42%
Experience the death of a parent	26	26	26
Have a fatal drug overdose	15	16	14
Get married	10	10	13
Be diagnosed with cancer	6	6	5

Least likely to happen

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Get married	40%	41%	38%
Be diagnosed with cancer	29	29	30
Experience the death of a parent	13	13	14
Have a fatal drug overdose	13	13	11
Be involved in a fatal car accident	5	5	6

15. In general, compared to most people, would you say you are...

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
A lot happier	23%	23%	23%
A little happier	33	33	31
About the same	33	32	32
A little sadder	8	8	11
A lot sadder	3	3	3

16. In general, compared to most people, would you say you are...

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
A lot more successful	7%	7%	8%
A little more successful	30	30	27
About the same	43	43	41
A little less successful	15	14	18
A lot less successful	5	5	6

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



17. In general, compared to most people, would you say you are...

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
A lot more confident	16%	16%	17%
A little more confident	35	35	35
About the same	34	33	33
A little less confident	12	13	12
A lot less confident	3	3	3

18. In general, compared to most people, would you say you are...

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
A lot more optimistic	19%	18%	21%
A little more optimistic	36	37	32
About the same	28	27	29
A little less optimistic	13	14	14
A lot less optimistic	5	5	5

LOSS OF PARENTS

19. Are both your mother and father alive? [ACCEPT MULTIPLE “NO” RESPONSES (IF 4 (BOTH), DO NOT ALLOW 2 OR 3)]

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Yes [SKIP TO NEXT SECTION]	41%	46%	--
No, lost my father	19	17	33
No, lost my mother	6	6	9
No, lost both	34	31	58

20. Did you lose your [father/mother/parents] before you turned 20? [ACCEPT MULTIPLE “YES” RESPONSES (IF 4 (BOTH), DO NOT ALLOW 2 OR 3)]

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
No [SKIP TO NEXT SECTION]	89%	100%	--
Net: Yes (lost a parent before age 20)	11		
Yes, lost my father	8	--	71%
Yes, lost my mother	2	--	25
Yes, lost both	*	--	4

* = <0.5%

** In the Loss of Parents section, data from the “General Population” column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



21. **[IF PREVIOUS Q=2-4] [INSERT APPROPRIATE WORDING (FATHER/MOTHER/PARENTS) BASED ON Q20 RESPONSE]** How old were you when your [father/mother/parents] died? **[ALLOW RESPONSES ONLY <20]**

[IF PREVIOUS Q=2 OR 4 (FATHER OR BOTH)] Your age when your father died: ____

[IF PREVIOUS Q=3 OR 4 (MOTHER OR BOTH)] Your age when your mother died: ____

Respondent age when parent died

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
Under age 5	--	--	16%
5 to 9	--	--	14
10 to 14	--	--	20
15 to 19	--	--	50

22. **[INSERT APPROPRIATE WORDING (FATHER/MOTHER/PARENTS) BASED ON Q20 RESPONSE]** How old [was/were] your [father/mother/parents] when [he/she/they] died?

[IF FATHER] Your father's age when he died: ____

[IF MOTHER] Your mother's age when she died: ____

Parent's age of death

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
Under age 25	--	--	2%
25 to 34	--	--	11
35 to 44	--	--	30
45 to 54	--	--	32
55 or older	--	--	15
Not sure	--	--	10

23. **[IF Q20=4 (BOTH PARENTS DIED BEFORE RESPONDENT WAS 20)]** This survey will ask about one parent that you lost. Please answer the questions about your parent that died most recently. If both died together, please pick one parent about whom you would most like to answer questions. Which parent will you refer to in this survey?

Parent about whom section is asked

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
My father	--	--	73%
My mother	--	--	27

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



24. How did you lose your [father/mother]? **[ALLOW ONLY ONE RESPONSE]**

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
After a long illness or medical condition	--	--	28%
After a short illness or medical condition	--	--	24
Suddenly in a medical emergency (like a heart attack)	--	--	25
Suddenly, in an accident	--	--	11
Suddenly, from suicide	--	--	2
Suddenly, in a violent crime	--	--	2
Killed in action/while serving in the military	--	--	1
Suddenly, but I'm not really sure what happened	--	--	5
Prefer not to say	--	--	2

25. **[IF EITHER PARENT WAS LOST SUDDENLY (AND KILLED IN ACTION/MILITARY)]** How do you think losing your [father/mother] suddenly affected your grieving process?

	General Pop. (n= 45)**	No parental loss (n=0)	Lost parent before age 20 (n=191)
Made it easier	--	--	5%
Made it harder	--	--	44
It didn't affect my grieving process	--	--	10
N/A/I was too young/Don't remember	--	--	27
Not really sure	--	--	13

26. **[IF EITHER PARENT WAS LOST AFTER A LONG ILLNESS]** How do you think losing your [father/mother] after a long illness affected your grieving process?

	General Pop. (n= 34)**	No parental loss (n=0)	Lost parent before age 20 (n=112)
Made it easier	--	--	13%
Made it harder	--	--	39
It didn't affect my grieving process	--	--	15
N/A/I was too young/Don't remember	--	--	17
Not really sure	--	--	15

[PROGRAMMING NOTE: DIVIDE ALL LONG BATTERIES INTO MULTIPLE SCREENS]

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



27. To what extent do you agree or disagree with the following statements? [ROTATE]

	General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>No opinion</u>	<u>I was too young to remember</u>
a. After my [father/mother] died, I remember feeling like there was no one I could talk to							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		14%	19	24	23	5	15
b. I feel like my life would be, or would have been much better if my [father/mother] hadn't died when I was so young							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		39%	33	9	8	9	2
c. Losing a parent as a kid was the hardest thing I've ever had to deal with							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		33%	24	15	12	6	10
d. I wish I had more memories of my [father/mother]							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		52%	28	5	8	6	1
e. [IF SIBLINGS] My sibling(s) and I dealt with the loss of our [father/mother] very differently							
General Pop. (n=97)**		--	--	--	--	--	--
No parental loss (n=0)		--	--	--	--	--	--
Lost parent before age 20 (n=367)		33%	33	9	4	11	11
f. [IF SIBLINGS] The loss of our [father/mother] made my sibling(s) and I much closer							
General Pop. (n=97)		--	--	--	--	--	--
No parental loss (n=0)		--	--	--	--	--	--
Lost parent before age 20 (n=367)		9%	27	29	17	13	5

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>No opinion</u>	<u>I was too young to remember</u>
g. I still think about my [father/mother] frequently							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		35%	34	14	8	6	3
h. We never talked much about my [father/mother] in the house after [he/she] died							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		16%	22	25	24	5	7
i. I would trade a year of my life for one more day with my [dad/mom]							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		37%	19	9	16	13	5
j. I still grieve for my [father/mother]							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		19%	35	14	18	9	5
k. I feel as if my childhood ended when my [father/mother] died							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		16%	22	15	29	9	10
l. Losing my [father/mother] had a very negative impact on my family's finances							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		25%	20	17	21	9	8
m. Losing my [father/mother] made me more concerned about making sure my own family would be cared for if something were to happen to me as an adult							

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>No opinion</u>	<u>I was too young to remember</u>
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	32%	33	11	5	15	4
n. I became stronger as a result of the loss of my [father/mother]						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	22%	37	15	8	14	5
o. I still have some feelings of guilt about my [father/mother]'s death						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	4%	15	10	52	10	9
p. Losing my [father/mother] made me more appreciative of the importance of family relationships						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	38%	34	9	4	10	4
q. Losing my [father/mother] made me more sensitive to others						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	19%	38	13	8	16	4
r. I feel like I never recovered from the death of my [father/mother]						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	9%	20	20	35	7	8
s. [IF CHILDREN] I feel like the early death of my [father/mother] affects/affected the way I parent/parented my own [child/children]						
General Pop. (n=81)**	--	--	--	--	--	--
No parental loss (n=0)	--	--	--	--	--	--

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	No opinion	I was too young to remember
Lost parent before age 20 (n=301)		24%	29	20	14	9	4
t. Losing a parent was hard, but I feel like you handle these things and move on							
General Pop.		--	--	--	--	--	--
No parental loss		--	--	--	--	--	--
Lost parent before age 20		26%	41	13	9	5	6
u. [IF SIBLINGS] The loss of our [father/mother] made my sibling(s) and I less close							
General Pop. (n=97)**		--	--	--	--	--	--
No parental loss (n=0)		--	--	--	--	--	--
Lost parent before age 20 (n=367)		8%	16	20	41	8	7

[SURVIVING PARENT = IN Q20, ONLY ONE PARENT DIED BEFORE RESPONDENT TURNED 20]
[NOTE: Insert “mother” or “father” as appropriate when [surviving parent] is noted.]

28. **[IF SURVIVING PARENT]** Did your [surviving parent] remarry?

	General Pop. (n= 105)**	No parental loss (n=0)	Lost parent before age 20 (n=390)
Yes, while I was living at home	--	--	29%
Yes, after I had moved away from home	--	--	17
No	--	--	54

29. **[IF “YES, WHILE LIVING AT HOME” TO PREVIOUS Q]** How would you describe your relationship with your step-parent while you were still living at home?

	General Pop. (n= 32)**	No parental loss (n=0)	Lost parent before age 20 (n=122)
We got along very well	--	--	25%
We got along somewhat well	--	--	34
We did not get along	--	--	38
No opinion	--	--	3

30. **[IF SURVIVING PARENT]** To what extent do you agree or disagree with the following statements? **[ROTATE]**

	General Pop. (n=105)**; No parental loss (n=0); Lost parent before age 20 (n=390)	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	No opinion	I was too young to remember
a. Losing my [father/mother] brought me closer to my [surviving parent]							

* = <0.5%

** In the Loss of Parents section, data from the “General Population” column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



General Pop. (n=105)**; No parental loss (n=0); Lost parent before age 20 (n=390)	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>No opinion</u>	<u>I was too young to remember</u>
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	22%	26	16	20	12	4
b. I worried a lot that something might happen to my [surviving parent]						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	21%	28	16	23	6	6
c. My [surviving parent] did a great job, given the circumstances						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	51%	24	9	10	5	1
d. Sometimes I wondered if there was something I could have done to prevent the death of my [father/mother]						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	7%	13	9	57	7	7
e. Sometimes I felt like I may have contributed to my [father/mother]'s death						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	2%	3	7	78	5	4
f. As a child, I frequently pretended I was ok so as not to upset my [surviving parent]						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	14%	27	14	28	12	7
g. My [surviving parent] assumed the role of my [father/mother]						
General Pop.	--	--	--	--	--	--
No parental loss	--	--	--	--	--	--
Lost parent before age 20	21%	23	17	30	6	3

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	No opinion	I was too young to remember
General Pop. (n=105)**; No parental loss (n=0); Lost parent before age 20 (n=390)						
h. [IF SIBLINGS] One of my sibling(s) or I assumed the role of my [father/mother]						
General Pop. (n=92)**	--	--	--	--	--	--
No parental loss (n=0)	--	--	--	--	--	--
Lost parent before age 20 (n=349)	11%	20	15	40	10	4

31. Compared to most adults, in general, would you say you have experienced more, less, or about the same of each of the following in your life? **[ROTATE]**

	More	Same	Less
General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)			
a. Feelings of sadness or depression			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	29%	39	31
b. Low self-esteem			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	26%	39	35
c. Insecurity			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	30%	38	32
d. Anxiety			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	27%	44	29
e. Anger			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	20%	49	31
f. Feelings of loneliness			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	31%	39	30

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)			
	<u>More</u>	<u>Same</u>	<u>Less</u>
g. Feelings of hopelessness			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	17%	38	46
h. Emotional outbursts			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	16%	39	44
i. Trouble sleeping			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	23%	45	32
j. Trouble at work			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	6%	38	56
k. Substance abuse			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	7%	23	71
l. Struggle with intimate relationships			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	23%	44	33
m. Dependence on others			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	9%	36	55
n. Reckless behavior			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20			62
	13%	26	

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)		<u>More</u>	<u>Same</u>	<u>Less</u>
o. Trust issues				
General Pop.		--	--	--
No parental loss		--	--	--
Lost parent before age 20		24%	51	26
p. Thoughts of suicide				
General Pop.		--	--	--
No parental loss		--	--	--
Lost parent before age 20		9%	23	68
q. Feelings of being incomplete				
General Pop.		--	--	--
No parental loss		--	--	--
Lost parent before age 20		24%	39	37
r. Resilience				
General Pop.		--	--	--
No parental loss		--	--	--
Lost parent before age 20		43%	38	19
s. Trouble with the law				
General Pop.		--	--	--
No parental loss		--	--	--
Lost parent before age 20		4%	20	76
32. In an effort to process your grief, after the death of your [father/mother], did you ever... [ROTATE]				
General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)		<u>Yes</u>	<u>No</u>	
a. Talk to a psychologist or therapist about it				
General Pop.		--	--	
No parental loss		--	--	
Lost parent before age 20		13%	87	
b. Join a support group				
General Pop.		--	--	
No parental loss		--	--	
Lost parent before age 20		1%	99	

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	<u>Yes</u>	<u>No</u>
General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)		
c. Go to a bereavement camp		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	1%	99
d. Talk to a school guidance counselor		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	7%	93
e. Sit down as a family and talk about the death		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	27%	73
f. Talk with others who have lost family members		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	27%	73
g. Read a book that was especially helpful		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	8%	92
h. Move to be closer to other family members/have family members move in		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	18%	82
i. Speak with clergy such as a priest, minister, or rabbi		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	11%	89
j. Keep family traditions or rituals/do activities you used to do together		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	49%	51

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)	Yes	No
k. Write about it in a journal			
General Pop.		--	--
No parental loss		--	--
Lost parent before age 20		9%	91

33. **[LIST ALL YES RESPONSES FROM PREVIOUS Q. SKIP IF ONLY ONE. SHOW BOTH COLUMNS TOGETHER]** Of those things that you did, which did you find most helpful in dealing with your grief? **[ROTATE]**

34. Which was the least helpful? **[ROTATE]**

Most helpful

	General Pop. (n= 48)**	No parental loss (n=0)	Lost parent before age 20 (n=196)
Keep family traditions or rituals/ do activities you used to do together	--		31%
Sit down as a family and talk about the death	--		13
Move to be closer to other family members/have family members move in	--		10
Talk with others who have lost family members	--		8
Talk to a psychologist or therapist about it	--		7
Speak with clergy such as a priest, minister, or rabbi	--		5
Write about it in a journal	--		5
Read a book that was especially helpful	--		4
Go to a bereavement camp	--		2
Talk to a school guidance counselor	--		1
Join a support group	--		*
I do not consider any of these to be most helpful	--		15

Least helpful

	General Pop. (n= 48)**	No parental loss (n=0)	Lost parent before age 20 (n=196)
Talk with others who have lost family members	--		14%
Keep family traditions or rituals/ do activities you used to do together	--		13

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



Sit down as a family and talk about the death	--	7
Move to be closer to other family members/have family members move in	--	6
Speak with clergy such as a priest, minister, or rabbi	--	6
Talk to a psychologist or therapist about it	--	6
Write about it in a journal	--	6
Read a book that was especially helpful	--	5
Talk to a school guidance counselor	--	4
Join a support group	--	*
Go to a bereavement camp	--	--
I do not consider any of these to be least helpful	--	34

35. **[IF YES TO A, B, C, D IN Q32 (PSYC., SUPPORT GROUP, CAMP, SCHOOL COUNSELOR)]** Thinking about the very first of these thing(s) you did, who encouraged you to seek out help? **[ACCEPT MULTIPLE RESPONSES]**

	General Pop. (n= 16)**	No parental loss (n=0)	Lost parent before age 20 (n=74)
My [surviving parent]	--		37%
My close friends/relatives	--		17%
My school teachers/counselor	--		10%
Someone else	--		5%
I did it own my own	--		37%
Prefer not to say	--		7%

36. **[IF YES TO A, B, C, D IN Q32 (PSYC., SUPPORT GROUP, CAMP, SCHOOL COUNSELOR)]** How long after your [mother/father]'s death did you initially seek out support? ___ ___ years

	General Pop. (n= 16)**	No parental loss (n=0)	Lost parent before age 20 (n=74)
Less than 3 months	--		26%
3 to 5 months	--		16
6 to 9 months	--		4
10 months to just under a year	--		1
1 to 4 years	--		17
5 to 9 years	--		7
10 to 14 years	--		7
15 years or more	--		15
Have not sought support	--		2
Prefer not to say	--		4

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



37. In response to the loss of your [father/mother], did you... [ROTATE]

General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)

	<u>Yes</u>	<u>No</u>
a. Focus more on activities you really enjoy		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	44%	56
b. Use exercise as a way to feel better		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	15%	85
c. Listen to music as a way to feel better		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	48%	52
d. Express yourself creatively (e.g., through artwork)		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	14%	86
e. Volunteer your time to help others		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	10%	90
f. Do stress reduction and relaxation activities (e.g., meditation, yoga, breathing exercises)		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	4%	96
g. Become more involved with your religion and/or activities at your place of worship (church, synagogue, etc.)		
General Pop.	--	--
No parental loss	--	--
Lost parent before age 20	14%	86

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



38. [LIST ALL YES RESPONSES FROM PREVIOUS Q. SKIP IF ONLY ONE. SHOW BOTH COLUMNS TOGETHER] Of those things that you did, which did you find most helpful in dealing with your grief? [ROTATE]

39. Which was the least helpful? [ROTATE]

Most helpful

	General Pop. (n= 47)**	No parental loss (n=0)	Lost parent before age 20 (n=184)
Listen to music as a way to feel better	--		28%
Focus more on activities you really enjoy	--		25
Become more involved with your religion and/or activities at your place of worship (church, synagogue, etc.) helpful	--		12
Use exercise as a way to feel better	--		10
Express yourself creatively (e.g., through artwork)	--		8
Volunteer your time to help others	--		4
Do stress reduction and relaxation activities (e.g., meditation, yoga, breathing exercises)	--		3
I do not consider any of these to be most helpful	--		10

Least helpful

	General Pop. (n= 47)*	No parental loss (n=0)	Lost parent before age 20 (n=184)
Listen to music as a way to feel better	--		22%
Focus more on activities you really enjoy	--		19
Use exercise as a way to feel better	--		6
Express yourself creatively (e.g., through artwork)	--		6
Volunteer your time to help others	--		4
Do stress reduction and relaxation activities (e.g., meditation, yoga, breathing exercises)	--		1
Become more involved with your religion and/or activities at your place of worship (church, synagogue, etc.) helpful	--		1
I do not consider any of these to be least helpful	--		41

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



40. Here's a list of people who may have been helpful to you in dealing with the loss of your [father/mother]. Who was most helpful? **[KEEP IN ORDER]**

41. Who was second-most helpful? **[KEEP IN ORDER]**

[IF PERSON/ENTITY IS SELECTED AS MOST HELPFUL, DO NOT ALLOW TO BE SELECTED ALSO AS SECOND-MOST HELPFUL]

Most helpful

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
[IF SIBLINGS] My [brother(s) or sisters(s)]	--		21%
[IF SURVIVING PARENT] My [surviving parent/guardian]	--		15
My grandparent(s)	--		13
My friends	--		11
My aunts or uncles	--		8
[IF STEP-PARENT] My Step-[Mom/Dad]	--		4
My cousin(s)	--		3
Other relatives	--		3
A therapist, psychologist or psychiatrist, or a social worker not working at my school	--		2
Friends of my family	--		2
My friends' parents	--		1
My teachers	--		1
My neighbors	--		1
My coaches	--		1
Clergy such as a priest, minister, or rabbi	--		1
My youth group leaders	--		*
My classmates	--		
My school guidance counselor, school social worker, or school psychologist	--		--
My doctor/pediatrician/nurse practitioner	--		--
Someone else	--		8
No one	--		6

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



Combined first and second-most helpful

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
[IF SIBLINGS] My [brother(s) or sisters(s)]	--		38%
My friends	--		23
[IF SURVIVING PARENT] My [surviving parent/guardian]	--		21
My grandparent(s)	--		20
My aunts or uncles	--		18
Other relatives	--		8
[IF STEP-PARENT] My Step-[Mom/Dad]	--		6
My cousin(s)	--		5
Friends of my family	--		4
My teachers	--		3
A therapist, psychologist or psychiatrist, or a social worker not working at my school	--		3
My neighbors	--		3
My classmates	--		2
My school guidance counselor, school social worker, or school psychologist	--		1
My friends' parents	--		1
My coaches	--		1
Clergy such as a priest, minister, or rabbi	--		1
My youth group leaders	--		1
My doctor/pediatrician/nurse practitioner	--		--
Someone else	--		10
No one considered "most helpful"	--		6

42. How much did/does your spirituality/religious belief help you through the grieving process?

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
Very much	--		20%
Somewhat	--		26
Not too much	--		15
Not at all	--		12
I don't have any religious/spiritual beliefs	--		11
No opinion	--		5
I was too young to remember	--		11

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



43. Was there one person who you came to see as a [Father/Mother] figure in your life?

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
Yes	--		37%
No	--		59
No opinion	--		4

44. **[IF YES TO PREVIOUS Q]** Who was that person? **[KEEP IN ORDER]**

	General Pop. (n= 38)**	No parental loss (n=0)	Lost parent before age 20 (n=160)
My aunts or uncles	--		26%
My grandparent(s)	--		21
[IF SIBLINGS] My [brother(s) or sisters(s)]	--		15
[IF STEP-PARENT] My Step- [Mom/Dad]	--		7
Friends of my family	--		5
My friends	--		3
My neighbors	--		2
My coaches	--		2
My friends' parents	--		2
My cousin(s)	--		1
Other relatives	--		1
My teachers	--		1
My youth group leaders	--		1
My classmates	--		--
My school guidance counselor, school social worker, or school psychologist	--		--
A therapist, psychologist or psychiatrist, or a social worker not working at my school	--		--
My doctor/pediatrician/nurse practitioner	--		--
Clergy such as a priest, minister, or rabbi	--		--
Someone else [SPECIFY:___]	--		14

45. Thinking back, at the time, were you jealous of kids who had both their parents?

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
A lot	--		17%
A little	--		38
Not at all	--		45

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



46. How hard was it to be around your friends' parents?

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
Very hard	--		3%
Somewhat hard	--		16
Not too hard	--		31
Not hard at all	--		50

47. As a result of your [father/mother]'s death, did you ever... [ROTATE]

General Pop. (n=110)**; No parental loss (n=0); Lost parent before age 20 (n=408)	Yes	No	Prefer not to say
a. Damage property (of your own or someone else's)			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	10%	90	*
b. Hurt yourself physically in some way			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	6%	94	*
c. Hurt someone else physically in some way			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	3%	96	*
d. Use drugs or alcohol			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	24%	76	1
e. Engage in risky behavior (that you knew might not be good for you either physically, mentally, or emotionally)			
General Pop.	--	--	--
No parental loss	--	--	--
Lost parent before age 20	23%	77	--

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



48. In general, about how long did it take before you were okay with your loss and you felt like you could be happy again, moving on with your life? ____ years

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
Less than 1 year			22%
1 to 4 years			16
5 to 8 years			8
10 to 14 years			2
15 to 19 years			*
20 years or more			2
I've never been okay with my loss			15
I was too young to remember			22
No opinion			12

49. When you look back and think about the loss of your [father/mother], what was the main emotion that you felt at the time? [ACCEPT ONE RESPONSE]

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
Sad	--		35%
Confused	--		10
Numb/Blank	--		8
Alone	--		6
Scared	--		5
Angry	--		5
Overwhelmed	--		5
Okay	--		3
Relieved	--		2
Worried	--		2
Hopeless	--		1
Guilty	--		1
Self-conscious	--		*
Something else [SPECIFY: _____]	--		4
Don't remember/I was too young	--		12
No opinion	--		*

50. Today, when you think about your loss, what's the main emotion that you feel? [ACCEPT ONE RESPONSE]

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
Sad	--		38%
Okay	--		18
Adjusted/healed	--		17
Angry	--		5
Alone	--		5
Confused	--		2
Numb/Blank	--		2
Scared	--		1

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



Guilty	--	1
Overwhelmed	--	1
Relieved	--	1
Self-conscious	--	*
Worried	--	--
Hopeless	--	--
Something else [SPECIFY: _____]	--	5
No opinion	--	5

51. How inclined are you now to help others who've lost a parent?

	General Pop. (n= 110)**	No parental loss (n=0)	Lost parent before age 20 (n=408)
Very inclined	--		27%
Somewhat inclined	--		51
Not very inclined	--		15
Not inclined at all	--		7

LOSS OF SIBLINGS [ASK IF SIBLINGS]

52. [IF SIBLINGS] [Are all of your siblings/Is your sibling] alive?

	General Pop. (n= 903)	No parental loss (n=806)	Lost parent before age 20 (n=367)
Yes [SKIP TO NEXT SECTION]	82%	83%	74%
No	18	17	26

53. How many siblings have you lost?

Number of brothers and sisters lost

	General Pop. (n= 166)	No parental loss (n=135)	Lost parent before age 20 (n=96)
One	76%	76%	78%
Two	14	15	12
Three or more	10	10	10

54. Did you lose [your brother/your sister/any of your (brothers or sisters)] **before** you turned 20?

	General Pop. (n= 903)	No parental loss (n=806)	Lost parent before age 20 (n=367)
No [SKIP TO NEXT SECTION]	94%	95%	92%
<u>Net: Yes (lost a sibling before age 20)</u>	<u>6</u>	<u>5</u>	<u>8</u>
Yes, lost my brother	3	3	5
Yes, lost my sister	2	2	3
Yes, lost both	*	*	*

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



55. **[IF PREVIOUS Q=2 AND 3 (MORE THAN 1 SIBLING DIED BEFORE RESPONDENT TURNED 20)]** This survey will ask about one sibling that you have lost. Please answer the questions about your sibling that died most recently, prior to your turning 20. If both died together, please pick one sibling about whom you would most like to answer questions. Which sibling will you refer to in this survey?

Sibling about whom section is asked

	General Pop. (n= 52)	No parental loss (n=39)^	Lost parent before age 20 (n=28)^
My brother	61%	61%	65%
My sister	39	39	35

56. How old were you when your [brother/sister] died? **[ALLOW RESPONSES ONLY <20]**

Your age when your brother/sister died

	General Pop. (n= 52)	No parental loss (n=39)^	Lost parent before age 20 (n=28)^
Under age 5	21%	21%	28%
5 to 9	19	18	24
10 to 14	17	15	29
15 to 19	25	26	16
Not sure/Don't remember	17	21	4

57. How old was your [brother/sister] when he/she died?

	General Pop. (n= 52)	No parental loss (n=39)^	Lost parent before age 20 (n=28)^
Under age 5	28%	33%	32%
5 to 9	13	13	19
10 to 14	6	5	5
15 to 19	17	18	12
20 to 24	12	10	10
25 or older	8	5	16
Not sure/Don't remember	16	16	6

58. How did you lose your [brother/sister]? **[ALLOW ONLY ONE RESPONSE]**

	General Pop. (n= 52)	No parental loss (n=39)^	Lost parent before age 20 (n=28)^
After a long illness or medical condition	15%	15%	20%
After a short illness or medical condition	31	36	23
Suddenly in a medical emergency (like a heart attack)	6	5	14
Suddenly, in an accident	27	18	41
Suddenly, in a violent crime	6	8	--
Suddenly, from suicide	2	3	--

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



Killed in action/while serving in the military	--	--	--
Suddenly, but I'm not really sure what happened	10	10	2
Prefer not to say	4	5	--

59. To what extent do you agree or disagree with the following statements? [ROTATE]

General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	No opinion	I was too young to remember
a. I feel like I never recovered from the death of my [brother/sister]						
General Pop.	8%	8	33	28	4	19
No parental loss	8%	8	31	35	3	16
Lost parent before age 20	5%	18	25	16	6	30
b. I feel like the death of my [brother/sister] affected the way my parents treated [us/me]						
General Pop.	10%	25	9	27	10	19
No parental loss	13%	26	10	31	5	16
Lost parent before age 20	2%	15	16	14	24	28
c. We never talked much as a family about my [brother/sister] after [he/she] died						
General Pop.	15%	17	23	21	6	17
No parental loss	18%	15	26	25	3	13
Lost parent before age 20	11%	26	9	9	14	30
d. After my [brother/sister] died, I remember feeling like there was No parental one I could talk to						
General Pop.	12%	17	21	15	10	25
No parental loss	8%	18	28	15	8	23
Lost parent before age 20	18%	16	2	17	9	39
e. Losing a [brother/sister] as a kid was the hardest thing I've ever had to deal with						
General Pop.	17%	18	17	15	12	21
No parental loss	18%	18	20	15	10	18
Lost parent before age 20	18%	16	11	9	11	34

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>No opinion</u>	<u>I was too young to remember</u>
f.	I wish I had more memories of my [brother/sister]						
	General Pop.	42%	33	6	2	4	13
	No parental loss	41%	31	8	3	5	13
	Lost parent before age 20	46%	31	5	--	--	18
g.	[IF 1 OR MORE SURVIVING SIBLINGS] My sibling(s) and I dealt with the loss of our [brother/sister] very differently						
	General Pop. (n=48)^	21%	21	14	4	11	29
	No parental loss (n=36)^	14%	22	19	6	11	28
	Lost parent before age 20 (n=27)^	26%	26	--	4	12	32
h.	Losing a sibling was hard, but I feel like you handle these things and move on						
	General Pop.	21%	34	14	6	10	16
	No parental loss	17%	43	13	5	10	10
	Lost parent before age 20	21%	21	8	7	11	30
i.	I still think about my [brother/sister] frequently						
	General Pop.	27%	31	15	2	10	15
	No parental loss	26%	31	17	3	10	13
	Lost parent before age 20	20%	39	7	7	4	24
j.	As a kid, I remember feeling that I was somehow not like other kids						
	General Pop.	17%	15	15	21	12	19
	No parental loss	15%	18	15	23	13	16
	Lost parent before age 20	20%	5	16	11	19	29
k.	My parents did a great job, given the circumstances						
	General Pop.	31%	36	2	10	6	16
	No parental loss	31%	43	3	13	--	10
	Lost parent before age 20	19%	20	3	4	29	25
l.	I still grieve for my [brother/sister]						
	General Pop.	12%	31	17	6	10	25
	No parental loss	10%	31	20	5	10	23

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	No opinion	I was too young to remember
Lost parent before age 20	15%	30	2	14	4	34
m. Sometimes I wondered why my [brother/sister] died and I survived						
General Pop.	4%	11	12	34	17	21
No parental loss	3%	15	16	36	13	18
Lost parent before age 20	9%	2	7	25	23	34
n. My parents left my [brother/sister]'s room untouched for a long time						
General Pop.	--	9%	6	48	16	21
No parental loss	--	10%	8	51	13	18
Lost parent before age 20	--	6%	5	45	18	26
o. I felt ignored by my parents after my [brother/sister] died						
General Pop.	6%	4	13	50	12	16
No parental loss	8%	5	13	56	8	11
Lost parent before age 20	4%	4	13	24	24	30
p. I feel my parents became too overprotective of me [IF 1 OR MORE SURVIVING SIBLINGS: and my other sibling(s)] after my [brother/sister] died						
General Pop.	8%	19	13	35	10	16
No parental loss	8%	23	15	38	5	10
Lost parent before age 20	4%	5	17	21	24	27
q. I wanted to talk with my family about my [brother/sister] after [he/she] died, but I was scared it would hurt my parents if I brought it up						
General Pop.	6%	14	12	34	15	19
No parental loss	8%	16	15	36	13	13
Lost parent before age 20	--	4%	12	25	20	39
r. I became stronger as a result of the loss of my [brother/sister]						
General Pop.	6%	18	19	11	21	25
No parental loss	5%	18	23	12	18	23
Lost parent before age 20	5%	15	15	7	23	34

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	No opinion	I was too young to remember
s. I feel like our family never recovered from the loss of my [brother/sister]							
General Pop.		8%	16	27	28	10	12
No parental loss		5%	13	31	38	8	5
Lost parent before age 20		11%	22	23	3	13	28
t. I feel like my parents never recovered from the loss of my [brother/sister]							
General Pop.		13%	25	15	23	8	16
No parental loss		10%	25	20	28	5	10
Lost parent before age 20		19%	26	10	12	13	21
u. After my [brother/sister] died, I never knew what to say when people asked me how many brothers or sisters I had							
General Pop.		13%	15	14	34	2	21
No parental loss		18%	18	15	33	0	16
Lost parent before age 20		--	9%	10	32	6	43

60. **[IF LOST PARENT, SKIP]** Compared to most adults, in general, would you say you have experienced more, less, or about the same of each of the following in your life? **[ROTATE]**

	General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^	More	Same	Less
a. Feelings of sadness/depression				
General Pop.		31%	40	29
No parental loss		33%	36	31
Lost parent before age 20		31%	37	32
b. Low self-esteem				
General Pop.		31%	42	27
No parental loss		33%	41	26
Lost parent before age 20		29%	47	24
c. Insecurity				
General Pop.		27%	46	27
No parental loss		30%	44	26
Lost parent before age 20		29%	37	35

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^		<u>More</u>	<u>Same</u>	<u>Less</u>
d. Anxiety				
	General Pop.	27%	54	20
	No parental loss	31%	48	21
	Lost parent before age 20	14%	65	21
e. Anger				
	General Pop.	14%	50	37
	No parental loss	18%	43	39
	Lost parent before age 20	10%	58	32
f. Feelings of loneliness				
	General Pop.	31%	42	27
	No parental loss	26%	40	34
	Lost parent before age 20	44%	35	20
g. Feelings of hopelessness				
	General Pop.	18	49	33
	No parental loss	18	51	31
	Lost parent before age 20	23	45	32
h. Emotional outbursts				
	General Pop.	8%	44	48
	No parental loss	10%	46	44
	Lost parent before age 20	5%	48	47
i. Trouble sleeping				
	General Pop.	27%	42	31
	No parental loss	25%	43	31
	Lost parent before age 20	30%	46	24
j. Trouble at work				
	General Pop.	2%	42	56
	No parental loss	3%	41	57
	Lost parent before age 20	0%	51	49
k. Substance abuse				
	General Pop.	10%	23	67
	No parental loss	13%	18	69
	Lost parent before age 20	5%	28	67

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^			
	<u>More</u>	<u>Same</u>	<u>Less</u>
i. Struggle with intimate relationships			
General Pop.	19%	50	31
No parental loss	17%	49	33
Lost parent before age 20	25%	54	21
m. Dependence on others			
General Pop.	14%	40	46
No parental loss	18%	36	46
Lost parent before age 20	2%	56	42
n. Reckless behavior			
General Pop.	14%	23	63
No parental loss	13%	23	64
Lost parent before age 20	16%	17	68
o. Trust issues			
General Pop.	25%	58	17
No parental loss	28%	52	21
Lost parent before age 20	22%	64	14
p. Thoughts of suicide			
General Pop.	6%	35	59
No parental loss	5%	38	56
Lost parent before age 20	7%	27	66
q. Feelings of being incomplete			
General Pop.	25%	42	33
No parental loss	23%	40	36
Lost parent before age 20	40%	32	28
r. Resilience			
General Pop.	42%	38	19
No parental loss	36%	38	26
Lost parent before age 20	48%	41	10
s. Trouble with the law			
General Pop.	6%	6	89
No parental loss	8%	5	87
Lost parent before age 20	--	21%	79

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



61. In an effort to process your grief, after the death of your [brother/sister], did you ever...
[ROTATE]

	<u>Yes</u>	<u>No</u>	<u>N/A/Too young/Don't remember</u>
General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^			
a. Talk to a psychologist or therapist about it			
General Pop.	8%	63	29
No parental loss	10%	61	29
Lost parent before age 20	2%	59	39
b. Go to a bereavement camp			
General Pop.	2%	75	23
No parental loss	3%	76	21
Lost parent before age 20	0%	61	39
c. Talk to a school guidance counselor			
General Pop.	2%	73	25
No parental loss	3%	74	24
Lost parent before age 20	2%	58	39
d. Sit down as a family and talk about the death			
General Pop.	19%	56	25
No parental loss	25%	51	24
Lost parent before age 20	--	52%	48
e. Talk with others who have lost family members			
General Pop.	23%	51	25
No parental loss	28%	48	24
Lost parent before age 20	2%	54	44
f. Read a book that was especially helpful			
General Pop.	6%	59	35
No parental loss	8%	56	36
Lost parent before age 20	--	61%	39
g. Speak with clergy such as a priest, minister, or rabbi			
General Pop.	8%	65	27
No parental loss	10%	64	26
Lost parent before age 20	2%	59	39

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	<u>Yes</u>	<u>No</u>	<u>N/A/Too young/Don't remember</u>
General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^			
h. Keep family traditions or rituals/do activities you used to do together			
General Pop.	36%	29	35
No parental loss	38%	26	36
Lost parent before age 20	14%	47	39
i. Write about it in a journal			
General Pop.	11%	57	31
No parental loss	13%	59	29
Lost parent before age 20	4%	55	42

62. **[LIST ALL YES RESPONSES FROM PREVIOUS Q. SKIP IF ONLY ONE. SHOW BOTH COLUMNS TOGETHER]** Of those things that you did, which did you find most helpful in dealing with your grief? **[ROTATE]**

63. Which was the least helpful? **[ROTATE]**

Most helpful

	General Pop. (n= 18)^	No parental loss (n=17)^	Lost parent before age 20 (n=2)^
Talk with others who have lost family members	28%	30%	--
Talk to a psychologist or therapist about it	17	18	35
Sit down as a family and talk about the death	17	18	0
Keep family traditions or rituals/ do activities you used to do together	16	17	0
Write about it in a journal	11	6	65
Go to a bereavement camp	--	--	--
Talk to a school guidance counselor	--	--	--
Read a book that was especially helpful	--	--	--
Speak with clergy such as a priest, minister, or rabbi	--	--	--
I do not consider any of these to be most helpful	11	12	--

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



Least helpful

	General Pop. (n= 18)^	No parental loss (n=17)^	Lost parent before age 20 (n=2)^
Talk with others who have lost family members	16%	17%	--
Keep family traditions or rituals/ do activities you used to do together	11	12	--
Speak with clergy such as a priest, minister, or rabbi	6	6	35%
Talk to a psychologist or therapist about it	6	6	--
Talk to a school guidance counselor	6	6	--
Sit down as a family and talk about the death	6	6	--
Read a book that was especially helpful	6	6	--
Write about it in a journal	6	6	--
Go to a bereavement camp	--	--	--
I do not consider any of these to be least helpful	38	35	65

64. In response to the loss of your [brother/sister], did you... [ROTATE]

General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^

	<u>Yes</u>	<u>No</u>
a. Focus more on activities you really enjoy		
General Pop.	31%	69
No parental loss	36%	64
Lost parent before age 20	20%	80
b. Use exercise as a way to feel better		
General Pop.	14%	86
No parental loss	16%	84
Lost parent before age 20	2%	98
c. Listen to music as a way to feel better		
General Pop.	42%	58
No parental loss	46%	54
Lost parent before age 20	24%	76
d. Express yourself creatively (e.g., through artwork)		
General Pop.	11%	89
No parental loss	10%	90

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



General Pop. (n=52); No parental loss (n=39)^; Lost parent before age 20 (n=28)^	Yes	No
Lost parent before age 20	11%	89

e. Volunteer your time to help others

General Pop.	13%	87
No parental loss	18%	82
Lost parent before age 20	0%	100

f. Become more involved with your religion and/or activities at your place of worship (church, synagogue, etc.)

General Pop.	15%	85
No parental loss	18%	82
Lost parent before age 20	6%	94

65. **[LIST ALL YES RESPONSES FROM PREVIOUS Q. SKIP IF ONLY ONE. SHOW BOTH COLUMNS TOGETHER]** Of those things that you did, which did you find most helpful in dealing with your grief? **[ROTATE]**

66. Which was the least helpful? **[ROTATE]**

Most helpful

	General Pop. (n= 21)^	No parental loss (n=18)^	Lost parent before age 20 (n=6)^
Use exercise as a way to feel better	24%	23%	10%
Focus more on activities you really enjoy	19	22	--
Listen to music as a way to feel better	19	17	54
Become more involved with your religion and/or activities at your place of worship (church, synagogue, etc.) helpful	15	17	--
Express yourself creatively (e.g., through artwork)	9	4	36
Volunteer your time to help others	9	10	--
I do not consider any of these to be most helpful	5	6	--

Least helpful

	General Pop. (n= 21)^	No parental loss (n=18)^	Lost parent before age 20 (n=6)^
Listen to music as a way to feel better	24%	28%	--
Focus more on activities you really enjoy	19	17	54%
Express yourself creatively (e.g., through artwork)	5	6	--

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



Volunteer your time to help others	5	6	--
Use exercise as a way to feel better	5	5	--
Become more involved with your religion and/or activities at your place of worship (church, synagogue, etc.) helpful	--	--	9
I do not consider any of these to be least helpful	42	38	37

67. Here's a list of people who may have been helpful to you in dealing with the loss of your [brother/sister]. **[KEEP IN ORDER]** Who was most helpful?

68. Who was second most helpful? **[KEEP IN ORDER]**

[IF PERSON/ENTITY IS SELECTED AS MOST HELPFUL, DO NOT ALLOW TO BE SELECTED ALSO AS SECOND-MOST HELPFUL]

Most helpful

	General Pop. (n= 52)	No parental loss (n=39)^	Lost parent before age 20 (n=28)^
My parents	52%	51%	42%
[IF 1 OR MORE SURVIVINGSIBLINGS]	13	15	15
My [brother(s) or sisters(s)]			
My grandparent(s)	8	5	11
My friends	8	5	10
Friends of my family	2	3	0
My aunts or uncles	2	3	0
My Step-parent	--	--	--
My cousin(s)	--	--	--
Other relatives	--	--	--
My friends' parents	--	--	--
My teachers	--	--	--
My classmates	--	--	--
My school guidance counselor, school social worker, or school psychologist	--	--	--
A therapist, psychologist or psychiatrist, or a social worker not working at my school	--	--	--
My neighbors	--	--	--
My coaches	--	--	--
My doctor/pediatrician/nurse practitioner	--	--	--
Clergy such as a priest, minister, or rabbi	--	--	--
My youth group leaders	--	--	--
Someone else	8	10	2
No one	8	8	19

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



Combined first and second-most helpful

	General Pop. (n= 52)	No parental loss (n=39)^	Lost parent before age 20 (n=28)^
My parents [IF 1 OR MORE SURVIVING SIBLINGS]	63%	67%	48%
My [brother(s) or sisters(s)]	27	26	33
My friends	21	15	17
My grandparent(s)	17	15	30
My aunts or uncles	9	10	5
My Step-parent	6	8	0
My neighbors	4	3	4
Other relatives	2	3	5
Friends of my family	2	3	--
A therapist, psychologist or psychiatrist, or a social worker not working at my school	2	3	--
Clergy such as a priest, minister, or rabbi	2	3	--
My cousin(s)	2	--	2
My friends' parents	--	--	--
My teachers	--	--	--
My classmates	--	--	--
My school guidance counselor, school social worker, or school psychologist	--	--	--
My coaches	--	--	--
My doctor/pediatrician/nurse practitioner	--	--	--
My youth group leaders	--	--	--
Someone else	10	13	2
No one	8	8	19

69. How much did/does your spirituality/religious belief help you through the grieving process?

	General Pop. (n= 52)	No parental loss (n=39)^	Lost parent before age 20 (n=28)^
Very much	21%	21%	9%
Somewhat	21	25	19
Not too much	11	10	15
Not at all	10	8	10
I don't have any religious/spiritual beliefs	8	5	19
No opinion	2	3	6
I was too young to remember	27	28	22

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



70. In general, about how long did it take before you were okay with your loss and you felt like you could be happy again, moving on with your life?

	General Pop. (n= 52)	No parental loss (n=39)^	Lost parent before age 20 (n=28)^
Less than 1 year	16%	13%	19%
1 to 4 years	19	23	8
5 years or longer	8	5	11
I've never been okay with my loss	8	10	7
I was too young to remember	38	38	38
No opinion	12	10	16

**GENERAL LOSS
[ALL RESPONDENTS]**

71. To what extent do you agree or disagree with the following statements? [ROTATE]

General Pop. (n=1,006); No parental loss (n=896); Lost parent before age 20 (n=408)	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>No opinion</u>
a. Death is a part of life; people need to get over it					
General Pop.	12%	32	28	23	6
No parental loss	12%	31	29	23	5
Lost parent before age 20	12%	35	23	23	7
b. Grief is a private matter					
General Pop.	26%	41	20	9	5
No parental loss	25%	40	20	10	4
Lost parent before age 20	27%	45	16	8	4
c. I feel like there are plenty of resources for kids who have lost a parent or sibling(s)					
General Pop.	7%	30	33	13	18
No parental loss	7%	30	34	13	17
Lost parent before age 20	12%	33	25	9	22
d. [IF CHILDREN AND MARRIED] I feel like if I were to die prematurely, my spouse would do a good job parenting our kids					
General Pop. (n=490)	50%	24	8	4	14
No parental loss (n=434)	49%	25	9	4	13
Lost parent before age 20 (n=206)	54%	19	6	4	17

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	General Pop. (n=1,006); Lost parent before age 20 (n=408)	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	No opinion
e. [IF CHILDREN AND MARRIED] I've talked with my spouse about what would happen with the kids if I were to die prematurely						
General Pop. (n=490)		26%	33	14	9	18
No parental loss (n=434)		25%	34	15	9	17
Lost parent before age 20 (n=206)		34%	27	8	11	20
f. I think a year is enough time for someone to get over the loss of a spouse and move on with his or her life						
General Pop.		7%	22	31	29	10
No parental loss		7%	23	32	29	9
Lost parent before age 20		7%	18	29	35	13
g. It is easier for a child to get over the loss of a parent or sibling than it is for an adult to get over the loss of a spouse or a child						
General Pop.		12%	28	25	24	11
No parental loss		12%	27	26	24	11
Lost parent before age 20		16%	28	18	23	16
h. Losing a parent to divorce is just as bad as losing a parent to death						
General Pop.		9%	23	26	34	8
No parental loss		8%	23	27	34	8
Lost parent before age 20		8%	23	22	34	13

72. Generally speaking, in your opinion, how much time do you think is adequate for a person to get over the loss of a spouse?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Less than 1 year	4%	4%	4%
1 year	11	11	7
2 years	20	21	10
3 to 4 years	10	10	8
5 to 9 years	7	7	5
10 years or longer	3	3	2
No opinion	46	43	64

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



73. Do you have life insurance?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Yes	70%	70%	69%
No	30	30	31

74. Do you have a will?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Yes	42%	41%	50%
No	58	59	50

75. Do you believe in an after-life?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Yes	70%	70%	71%
No	30	30	29

76. **[IF CHILDREN AT HOME]** Have you [and your spouse] designated or named someone as a guardian to raise your child/children if you [and your spouse] were to die?

	General Pop. (n= 361)	No parental loss (n=324)	Lost parent before age 20 (n=138)
Yes	60%	61%	55%
No	40	39	45

77. **[IF YES TO Q77 (DESIGNATED GUARDIAN)]** Which of the following was the biggest factor in choosing a guardian for your child/children? **[ROTATE]**

	General Pop. (n= 215)	No parental loss (n=196)	Lost parent before age 20 (n=83)
My child/children have a close relationship with this person(s)	71%	71%	69%
My child/children get along with this person's children	3	3	3
Money or finances	2	3	--
This person(s) live close to where I currently live	2	2	9
I felt obligated to choose this person(s)	1	1	2
Some other reason	20	21	18

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



78. **[IF YES TO Q77 (DESIGNATED GUARDIAN)]** How comfortable are you with the person(s) you chose?

	General Pop. (n= 215)	No parental loss (n=196)	Lost parent before age 20 (n=83)
Very comfortable	81%	80%	81%
Fairly comfortable	17	18	19
Fairly uncomfortable	--	--	--
Very uncomfortable	1	1	--

79. To what extent do you agree or disagree with the following statements: Kids who lose a parent or sibling at an early age... **[ROTATE]**

General Pop. (n=1,006); No parental loss (n=896); Lost parent before age 20 (n=408)	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>No opinion</u>
a. Face greater academic challenges					
General Pop.	9%	38	32	9	12
No parental loss	9%	39	33	8	11
Lost parent before age 20	10%	37	24	15	14
b. Face greater emotional challenges					
General Pop.	24%	54	12	2	7
No parental loss	24%	55	12	2	7
Lost parent before age 20	24%	51	13	5	7
c. Are more depressed than other children					
General Pop.	11%	47	24	5	13
No parental loss	10%	48	24	5	13
Lost parent before age 20	14%	42	20	10	14
d. Lack a sufficient support network to deal with their grief					
General Pop.	10%	36	31	7	15
No parental loss	9%	36	32	7	15
Lost parent before age 20	15%	34	24	8	19
e. Are more likely to experience feelings of angst and/or loneliness					
General Pop.	23%	54	13	2	8
No parental loss	23%	55	13	2	8
Lost parent before age 20	25%	49	11	5	10
f. Grow up faster than other children					
General Pop.	20%	54	14	3	9
No parental loss	18%	55	15	3	9
Lost parent before age 20	32%	49	8	3	8

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



	General Pop. (n=1,006); Lost parent before age 20 (n=408)	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	No opinion
g. Face greater family financial challenges						
General Pop.		18%	43	21	5	13
No parental loss		16%	44	21	4	14
Lost parent before age 20		24%	40	17	7	12
h. Get teased about it at school						
General Pop.		3%	12	37	34	14
No parental loss		2%	12	39	33	14
Lost parent before age 20		6%	12	29	39	15
i. Have a more difficult childhood						
General Pop.		19%	52	18	4	8
No parental loss		19%	52	18	3	8
Lost parent before age 20		20%	48	16	8	8
j. Have a more difficult life, in general						
General Pop.		10%	40	32	8	10
No parental loss		9%	41	33	7	10
Lost parent before age 20		13%	38	26	13	9

FRIENDS' GRIEF

80. Do you have a close friend, relative, or co-worker who lost a parent growing up?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Yes, one	30%	31%	19%
Yes, more than one	18	18	18
No	52	50	63

81. **[IF PREVIOUS Q=1 OR 2 (YES)]** In general, to what extent, if any, do you believe [he or she is/those people are] still struggling with that loss today?

	General Pop. (n= 484)	No parental loss (n=443)	Lost parent before age 20 (n=147)
Still struggling a lot	4%	4%	5%
Still struggling to some extent	54	55	54
Not struggling at all	42	41	41

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



82. If a close friend, neighbor or close co-worker lost a spouse or a child, how comfortable would you be consoling them or talking to them about it?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Very comfortable	26%	25%	29%
Somewhat comfortable	45	45	45
Somewhat uncomfortable	21	22	16
Very uncomfortable	4	4	5
No opinion	4	3	6

83. **[IF PREVIOUS Q=2 OR 1]** Which of the following are reasons why you would feel uncomfortable talking to or consoling a friend, neighbor, or colleague about his/her grief? **[ACCEPT MULTIPLE RESPONSES; ROTATE]**

	General Pop. (n= 255)	No parental loss (n=237)	Lost parent before age 20 (n=86)
I wouldn't know what to say	63%	66%	41%
It would be awkward	44%	46%	35%
I wouldn't want to upset them more	42%	44%	29%
I wouldn't really be able to understand what they were going through	35%	36%	15%
I'm just not a very expressive person	32%	32%	32%
Nothing I could say would really make a difference	30%	31%	27%
I think grief is a private matter	28%	28%	36%
I would think I wouldn't be able to help	26%	27%	24%
I don't think most people want to talk about it	24%	24%	16%
I feel like it would be up to them to initiate it	20%	20%	16%
Not really sure	4%	3%	3%

84. Do you have a close friend, close relative, or colleague at work who lost a spouse while their kids were still living at home with them?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Yes	31%	32%	23%
No	69	68	77

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



85. Do you have a close friend, close relative, or colleague at work who lost a child under the age of 18?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Yes	36%	37%	31%
No	64	63	69

86. **[IF YES TO Q85 OR Q86 (HAVE CLOSE FRIEND/RELATIVE/COLLEAGUE WHO HAS LOST SPOUSE OR CHILD)]** How supportive would you say you have been of relatives, friends or colleagues who have lost a child or a spouse while their kids were still living at home with them?

	General Pop. (n= 493)	No parental loss (n=450)	Lost parent before age 20 (n=170)
Very supportive	52%	52%	43%
Somewhat supportive	42	42	49
Not very supportive	5	5	6
Not supportive at all	1	1	2

87. **[IF YES TO Q85 OR Q86 (HAVE CLOSE FRIEND/RELATIVE WHO HAS LOST SPOUSE OR CHILD)]** Thinking about the last time someone close to you lost a child or a spouse while their kids were still living at home with them, which of the following did you do? **[ACCEPT MULTIPLE RESPONSES; ROTATE (KEEP 9-12 AT END)]**

	General Pop. (n= 493)	No parental loss (n=450)	Lost parent before age 20 (n=170)
Went to the funeral and/or wake	74%	73%	75%
Offered words of condolence	72%	72%	71%
Visited the family's home	57%	58%	45%
Gave them some extra help with family or household matters	34%	34%	29%
Sent a note	33%	33%	27%
Prepared meals	30%	30%	31%
Went out of your way to include them in social activities	30%	30%	27%
Helped out with the kids	25%	25%	22%
Other [SPECIFY: _____]	6%	6%	4%
Not near me/us	5%	5%	2%
Nothing	1%	1%	*
Not applicable	2%	3%	4%

88. **[IF YES TO Q85 OR Q86 (HAVE CLOSE FRIEND/RELATIVE WHO HAS LOST SPOUSE OR CHILD) AND Q87=3 OR 4 (VERY SUPPORTIVE/SUPPORTIVE)]** In general, for about how long did you make a special effort to support your friend, relative, or co-worker?

	General Pop. (n= 464)	No parental loss (n=423)	Lost parent before age 20 (n=156)
One month or less	5%	5%	8%
One to three months	13	14	13

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



Four to six months	9	9	7
Seven months to a year	10	10	6
One to two years	12	12	11
Three to five years	3	3	1
More than five years	2	2	1
I always will	43	42	48
Other	2	2	2
The loss just happened recently	2	2	3

89. **[IF YES TO Q85 OR Q86 (HAVE CLOSE FRIEND/RELATIVE WHO HAS LOST SPOUSE OR CHILD)]** Thinking about the family/families who lost the spouse/child, and your response to their loss, to what extent would you agree or disagree with the following statements? **[ROTATE]**

	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>
General Pop. (n=493); No parental loss (n=450); Lost parent before age 20 (n=170)				
a. I tried to offer help to the family				
General Pop.	35%	49	12	4
No parental loss	35%	50	11	4
Lost parent before age 20	33%	50	16	1
b. I felt that after a while, they were on their own				
General Pop.	3%	38	37	22
No parental loss	3%	38	38	21
Lost parent before age 20	5%	37	36	22
c. I wish I did/could have done more				
General Pop.	29%	55	13	4
No parental loss	28%	56	13	4
Lost parent before age 20	35%	47	14	5
d. I'm not sure if I was trying to console them or console myself				
General Pop.	5%	28	37	30
No parental loss	5%	28	37	30
Lost parent before age 20	6%	27	39	28
e. Because I don't live in the same area as the family, I felt there was nothing I could really do				
General Pop.	5%	21	40	34
No parental loss	5%	21	41	32
Lost parent before age 20	6%	23	35	37

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



90. In general, how apprehensive are you about death or your own mortality?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Very apprehensive	10%	10%	11%
Somewhat apprehensive	30	30	30
Not too apprehensive	34	35	30
Not apprehensive at all	19	18	22
No opinion	7	7	7

91. If someone with kids living with them at home were to lose a spouse or a child, where would you be most likely to suggest they seek help? [ROTATE (KEEP 9 -10 AT END); ACCEPT ONE RESPONSE]

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
A religious figure like a priest or rabbi	26%	26%	24%
A therapist/psychologist/psychiatrist	22	22	20
Extended family	22	22	26
Local grief agency or camp	6	6	5
Local hospice	3	3	3
A social worker	1	1	1
School guidance counselor	1	1	1
The Internet	1	--	--
Someone else	1	1	2
I have no idea	8	8	8
I wouldn't feel comfortable making a suggestion	9	8	10

DEMOGRAPHICS

The last few questions are for statistical purposes only.

D1. How many times have you been married? [IF CURRENTLY MARRIED, ANSWER MUST BE AT LEAST 1. IF SINGLE, NEVER MARRIED, ANSWER MUST BE 0] _____

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
None	22%	23%	16%
Once	58	59	59
Twice	15	14	18
Three times or more	4	3	6
Prefer not to say	1	1	1

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size



D2. Which of the following best describes your ethnic background?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Caucasian	87%	88%	89%
Hispanic	4	4	4
African-American	4	4	3
Asian	2	2	2
Something else [SPECIFY: _____]	1	1	1
Prefer not to say	1	1	1

D3. Is your General Pop. annual household income, before taxes...

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Less than \$35,000	22%	22%	21%
\$35,000 to \$49,999	19	19	19
\$50,000 to \$74,999	23	24	24
\$75,000 to \$99,999	13	13	14
\$100,000 to \$249,999	11	11	11
\$250,000 or more	1	1	1
Prefer not to say	11	11	10

D4. How religious or spiritual do you consider yourself?

	General Pop. (n=1,006)	No parental loss (n=896)	Lost parent before age 20 (n=408)
Very religious/spiritual	20%	20%	17%
Somewhat religious/spiritual	43	42	45
Not too religious/spiritual	23	23	20
Not at all religious/spiritual	12	12	14
Prefer not to say	3	3	3

Thank you very much for your participation!

* = <0.5%

** In the Loss of Parents section, data from the "General Population" column are not shown. This is because the 110 cases that were gathered within the first 1,006 completes are included as part of the 408 cases in column 3 (people who lost a parent before age 20).

^ Small base size

